

HWP&R LEISURE FORUM



DECEMBER, 2017 & JANUARY, 2018

THE LEISURE FORUM

Huntington Woods Recreation Department, 248.541-3030

TRIP INFORMATION & DISCLAIMER

- ***Trips are planned with our residents in mind!*** We scour the area for some of the most fun &/or interesting places, attempt to get it for you at the very best price and provide transportation for you—not bad, huh?
- ***The trips are targeted for all adults,*** but we do take added care to make sure there is limited walking and stair climbing when possible (specifically noted when difficulties might be present).
- ***Trip itineraries are subject to change without notice.*** Every effort will be made to keep as close to schedule as possible. Trip times are our best approximation and may include “surprise” stops. Please roll with it.
- ***Watch Deadlines!*** Registration deadlines usually reflect when we have to commit to purchasing tickets. To avoid disappointment (ours and yours!), please register by the stated deadlines. ***Deadlines are also the last day to get a refund, unless a replacement is found when a trip involves tickets.***

CANCELLATIONS AND REFUNDS

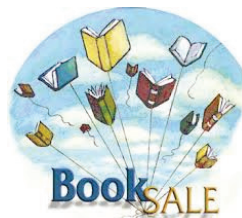
- In the event a trip does not require the purchase of tickets, 48 hour notice of cancellation is required in order to receive a refund. Please inquire at the time you are requesting to cancel whether you will receive a refund.
- A \$5 service fee is retained on all refunds due to trip withdrawal.
- Cancellations/withdrawals will be given a household credit. Specific request must be made for a refund in the form of a check. Allow 3 weeks for all refunds in the form of a check to be processed.

EVENT REGISTRATION

- Resident registration begins when the Leisure Forum/quarterly newsletter is received.
- Registration must be in person; online at <http://recreation.hwmi.org> or by mail and payment in full is required at the time of registration. Please note: there is no phone registration or “holding” spots.
- Non-resident registration date is listed in the city quarterly newsletter and non-residents are subject to an additional \$5 per trip/activity for all trips.



DECEMBER



FRIENDS OF THE LIBRARY USED BOOK SALES

Saturdays, December 2, 10:00 am - 4:00 pm

The Friends of the Huntington Woods Library is hosting a used book sales on Saturday, December 2, 10:00 am - 4:00 pm. During the December year-end sale - ALL items are 1/2 off! The public is invited to browse thousands of books and media in great condition. Items for sale include paperbacks, hard covers, DVDs, music CDs, audiobooks, children's books, and gift-quality items. Items are presented by category to make it easy for shoppers to browse. All proceeds from the sale will benefit the Library's programs and services. Most of the items are \$1 OR LESS!

BOOGIE WOOGIE MAN AT THE LIBRARY

Wednesday, December 6, 7:00 pm

Join your neighbors and friends for a wonderful evening with the Boogie Woogie Man! This musical evening is great for all audiences. Matthew Ball has been at the library before and is back again to provide us with a stimulating evening of uniquely American music.

FARINA'S HOLIDAY PARTY (pre-registration required)



Mon., December 11, noon - 1:30 pm

Doors open at 11:50 am. Our neighbors at Farina's are offering a holiday luncheon for residents 55 years+. Seasonal entertainment by the Twelfth Night Players sponsored by the HW Men's Club.

#2312 Cost: Free but must pre-register by **December 6**. Farinas does collect for a house charity, should anyone care to donate.

ADULT COLORING CLUB, Monday, Dec. 11, 1:00 - 3:00 pm

Relax and explore your creative side at our new Adult Coloring Club! We'll supply coloring pages and all the colored pencils and markers you will need, and snacks too!

MOVIE MATINEES AT THE REC: ZOOKEEPER'S WIFE

Friday, December 15, Noon

The Zookeeper's Wife tells the account of keepers of the Warsaw Zoo, Antonina and Jan Zabinski, who helped save hundreds of people and animals during the German invasion. Movies are shown on select Fridays at noon in the Ralph and Peggy Lease Multipurpose Room of the Recreation Center.

Help keep the movies going! A \$1 donation is requested.



THORNETTA DAVIS AT THE DIRTY DOG

Wed., December 20, 5:00 - 9:15 pm

Back by popular demand! We are headed out to the Dirty Dog to see our favorite, Thornetta Davis. You'll love the food (on your own) and REALLY love the entertainment!

#3300 Cost: \$15, transportation/show.



CURBSIDE COLLECTION - WEDNESDAY DEC. 27 PICK UP

Please note: trash and recycling pick up will be delayed one day (to Wednesday) following the week of Christmas. Chipping continues every Monday, throughout the year.

Please note: the Recreation Department is closed December 23 - 26

JANUARY

Recreation Department is closed December 30 - January 2.

CURBSIDE COLLECTION - WEDNESDAY JAN. 3 PICK UP

Please note: trash and recycling pick up will be delayed one day (to Wednesday) following the week of New Year. Chipping continues every Monday, throughout the year.



ADULT COLORING CLUB AT THE LIBRARY

Monday, Jan. 8, 1:00 - 3:00 pm

Relax and explore your creative side at our new Adult Coloring Club! We'll supply coloring pages and all the colored pencils and markers you will need, and snacks too!

CHRONIC PAIN SELF-MANAGEMENT PROGRAM (CPSMP)

Tuesdays, 10:00 am – noon

6 weeks: Jan. 9 – Feb. 13

This workshop is designed to provide participants with techniques and skills they need for the day-to-day management of chronic pain. Individuals with chronic pain and/or their caregiver are encouraged to participate. Participants engage in group activities including brainstorming, problem-solving, feedback and action planning. Participants who complete the program receive

a \$15 gift card and the book “Living a Healthy Life with Chronic Pain”. Limited to 16 people. No specific cost, donations accepted. Pre-registration required. To register, contact **1.800.852.7795** (press 1) or wellnessprogram@aaa1b.com (Area Agency on Aging).



WHITE HORSE INN, METAMORA

Fri., January 12, 11:15 – 4:30 pm

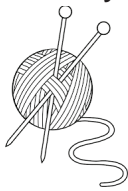
American comfort food is dished up in an 1850's former stagecoach stop with two levels and a fireplace. Our friends in Pleasant Ridge will be joining us! Non-residents may begin registering December 27.

Cost: \$14 (includes transportation/supervision. Lunch on your own).

ADULT KNITTING CLUB - SIGN UP AT HW REC

Saturdays, 10:00 – 11:30 am

6 weeks: Jan. 13 – Feb. 24 (no class 2/17)



Instructor: Dee McCray. Knitting is easy-to-learn and fun to do! Students are taught the basics of knitting stitches along with the most popular cast on and off techniques. Learn how to read a simple pattern and complete a project. Knitters of all levels are welcome to join as well and will be taught new skills to enhance their knowledge. Bring a ball of worsted weight yard (size 4) and bamboo knitting needles (size 7) to the first class. Supplies can be purchased at Joann Fabrics.

#3228 Cost: \$45

CREATE ART AT THE LIBRARY!

MILTON GLASER-INSPIRED “BIRDS OF PEACE”

Wed., January 17, 11:00 am -12:30 pm

Begin a wonderful, happy new year with an exciting piece of art inspired by American Iconic Graphic Artist, Milton Glaser. In this fun workshop, you will create an amazing piece of wall art that will evoke peace and harmony. Using Milton Glaser reproductions of his modern designs and your amazing creativity, you will create a gorgeous, professional looking piece of art that will be framed and ready to hang. Register at the Library.



MOVIE MATINEES AT THE REC: PARIS CAN WAIT

Friday, January 19, noon

The wife of a successful movie producer takes a car trip from the south of France to Paris with one of her husband's associates. Movies are shown on select Fridays at noon in the Ralph and Peggy Lease Multipurpose Room of the Recreation Center. Help keep the movies going! A \$1 donation is requested.

NANA'S NAUGHTY KNICKERS AT MEADOW BROOK/ LUNCH AT CASTLE GRILLE

Wed., January 24, 11:00 am - 5:30 pm

Bridget and her Grandmother are about to become roommates. However, what Bridget saw as a unique opportunity to stay with her favorite Nana quickly turns into an experience she'll never forget! Lunch **included** at the Castle Grille. Please choose your entree when registering: Royal Reuben; French Dip; Fish & Chips; Maurice Salad or Chicken Village (breaded chicken breast with wine cream sauce.) **Register by Dec. 18.**

#3607 COST: \$52 (includes bus/supervision, tickets and LUNCH!)



MAKE ART AT THE LIBRARY TURKISH PAPER MARBLING

Sat., January 27, 11:00 am - 1:00 pm

Learn the ancient art of Turkish Paper Marbling. In this workshop, you will learn the traditional method of marbling paper, with a slightly modern twist! Experiment with fabulous colors and designs, creating absolutely gorgeous marbled paper that you can use for note cards or decoupage or just to admire and enjoy! *Please note – this is a messy project that involves tons of water and paint. Dress in old grubby clothes. Sign up at the Library.

FEBRUARY

OUR RETURN TO GIOVANNI'S

Thurs., February 1, 4:30 - 8:15 pm

Well-known for Sinatra having once ate at this mom/son-run trattoria; famous for rustic Italian fare and handmade pastas and possibly BEST known as our favorite Italian place in the D! Back by popular demand, enjoy a relaxed evening of delicious dining.

Non-resident registration begins Jan. 13. Deadline to register Jan. 20.

#3301 Cost: \$14 (dinner on your own).



TRIPS/ACTIVITIES NO LONGER “YOUR THING”!

Senior Outreach Coordinator Jennifer Furlong is available to assist you with your day-to-day needs in order to maintain your quality of life in the City of Huntington Woods. Feel free to contact Jennifer concerning any of our special services, as well as: information and referrals; volunteer opportunities and telephone reassurance calls.

Call 248.541-3030 for additional information.

CAKE DECORATING BASICS WITH DAWN SIGN UP NOW AT HW REC

Mon., Feb. 12, 6:00 – 8:30 pm

Instructor: Dawn Schwanke

Join us in learning the basics of cake decorating from our own, Dawn Schwanke! Dawn has been baking and decorating for as long as we can remember, including at Holiday Market, and as the former owner of Butterfly Bakery. Let her teach you some tricks of the trade so you can make delicious and professional-looking cakes! All supplies are included and each participant takes home a 6" decorated cake! Pre-register by February 6.
#3253 Cost: \$60/person

RENOVATED DETROIT CLUB LUNCH & TOUR

Tues., February 13, 11:15 am - 3:00 pm

The historic Detroit Club is scheduled to reopen this winter following a three-year restoration. As part of the reopening, the four-story club will be private, though the original grill and a lounge on the first floor is being converted into a public restaurant. Dress code and additional info in future Leisure Forum. Non-resident registration begins Jan. 30. Deadline to register February 5.

#3302 Cost: \$14 (Transportation/supervision, tour included - lunch on your own).



WATCH FOR NEXT FORUM, COMING OUT ON FEBRUARY 1, 2018



A NOTE FROM PUBLIC SAFETY

Fraud/Scam Alert for Huntington Woods Residents

Residents are being telephoned and told there is a warrant out for their arrest and they need to send money or gift cards to resolve the problem. ***This is a scam!***

If someone asks you for bond or warrant money, hang up the phone and call the Public Safety Department at 248.541.1180. Governmental agencies including the IRS will never ask for money over the phone, text, or email so please do not give out any financial information. If a relative calls and asks for money to get out of jail, call Public Safety before you respond to the request. If you have any doubts about the person calling you please make Public Safety your first call before giving out any information or money. Please take the time to discuss this information with the rest of your family.

. . . Utilize your Rec Center . . .

BLOOD PRESSURE

Join us on the third Wednesday of each month in the Senior Lounge of the Recreation Center from 10:00 – 11:00 am to have your blood pressure checked by Mary Jo Israel, registered nurse. If you are tracking your blood pressure, this is an especially great service! Upcoming blood pressure dates are: December 20 and January 17.



CURB-TO-CURB VAN TRANSPORTATION

Monday - Friday, 9:00 am - 3:00 pm

Residents 55 years or better and unable to drive, temporarily or permanently, are able to arrange for transportation on the City SMART Van for medical appointments, support groups, shopping or other activities of daily living. Financial sponsors for the Senior Transportation Program are the City of Huntington Woods, Beaumont and SMART.

Passengers must be able to independently board and exit the bus. The bus is equipped with a lift to accommodate individuals seated in wheelchairs or motorized scooters. Riders must provide a caregiver to accompany them on the trip if any assistance is needed.

Call Jennifer at 248.541-3030 to schedule a ride. A 48-hours advance notice is required and the travel distance must be within a 7-mile radius of the Gillham Recreation Center. The fee is \$1 each way. Please limit trips to one per day and make sure to be ready 15 minutes before your scheduled pick up time.



Alternate transportation options are available for individuals requiring door-to-door assistance. Call Jennifer at 248.541-3030 and she will provide contact information for these services. get the key to the equipment closet. Enjoy!



HARP: HOME ASSISTANCE REPAIR PROGRAM

HARP is designed to assist resident homeowners to maintain their home and help them remain independent in their home for as long as possible. Quality of life is enhanced by making homes safer and by reducing some of the stress involved in making minor home repairs. Criteria is as listed:

- 60 years+;
- Persons with disabilities of any age; and/or
- Households with a family member serving active duty in the Armed Services

The labor for this service is ****free**** thanks to the generous residents who have volunteered their time and efforts with this program. The only cost to the homeowner is for the materials needed to complete the job.

The work is done by our registered volunteers who perform minor, basic repairs which may include the following: **replacing furnace filters; gutter repair; replace electrical outlets; install smoke detectors; replace faucets; toilet repair; replace garbage disposal; window caulking; install storm windows; replace light fixture; repair drywall; grab bar installation; free-up painted windows; minor painting; and replace thermostat.** This is not meant to take the place of hiring licensed professionals.

How Do I Get Help?

- Complete a form in person at the Gillham Recreation Center between 9:00 am – 4:00 pm, Monday – Friday. Or pick up a flyer at any City Office. Fill out the form and mail it or return it to Kathy at the front desk of the Recreation Center.
- Fill out the form online at hwmi.org.
- Questions? Call Kathy at the Gillham Recreation Center, 248.541-3030.

Want to help? Volunteers also needed! If you are interested in working with this program, call Kathy Seidl at 248-541-3030 or email her at kseidl@hwmi.org.

MONDAY LUNCH BUNCH

Noon on Mondays in the Multi-Purpose Room of the Rec Center

Join us each Monday at noon as we enjoy a delicious and nutritious lunch.

Those interested in the speaker only should arrive by 12:30 pm.

Call Jennifer to register for transportation (if needed) by noon on the preceding Thursday at 248.541-3030.

The requested fee is \$3.50 (plus \$.25 for coffee/tea), to be paid at least one week in advance at Monday Lunch or at the Front Desk of the Recreation Center.

DECEMBER @ THE LIBRARY

- 4** **KNOW YOUR CITY CLUBS/ORGANIZATIONS**
McMuffin & Sausage Patty
- 11** **FARINA'S HOLIDAY PARTY!**
Pre-register with Kathy at the Front Desk of the Rec
- 18** **GET TO KNOW KNOW THE**
CHAMBER OF COMMERCE
Shepherd's Pie
- 25** **MERRY CHRISTMAS!**
Recreation Center is closed



JANUARY - ENTREES TBA

- 1 HAPPY NEW YEAR! (no meals/program)**
- 8 VISIT FROM MS TERRI & THE YOUNG 4'S**
- 15 MLK DAY (no meals/program)**
- 22 STAY YOUNG! WELLNESS & SPINAL CARE**
- 29 UTILITY INSURANCE WITH TONY LEHMANN**

***Thank you to those who volunteer their time
to educate our participants.***

We LOVE learning about new and interesting things!

Monday Lunch speakers discuss topics of interest for approximately 25 minutes. If you are unable to stay for the entire presentation, please excuse yourself before the speaker begins.

Also, as a courtesy to our speakers and others around you, please refrain from private discussions during the presentation.

***Should you know of a topic or speaker that might be a
good fit, please let Jennifer know!***

HUNTINGTON WOODS PARKS & RECREATION

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Phone 248.541.3030 cnutton@hwmi.org

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Sue Tower

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LOVE THE LEISURE FORUM

This bimonthly publication highlights trips and activities offered through the Recreation Department & Library, as does the quarterly city newsletter, although the Forum goes into more detail and often has additional trips.

The Leisure Forum is available at the Recreation Center, on the city website HWMI.ORG, or you can email KSeidl@HWMI.ORG and it will be sent to you electronically.